

# Lab 7

## String Manipulation

### Objectives of this Lab:

1. Learn about using String methods to manipulate Strings
2. Continue to practice using loops

### zyLabs

Open up zyLabs and follow along with your TA in [Lab 7 - Print String in Reverse](#). They will explain the lab as they demonstrate and go through it. You should follow along. You will submit this part of zyLabs.

After the demo is completed, you will complete another one on your own. [Lab 7 - Palindrome](#).